

## oriental snacks

**Wasabi Popcorn** ♥ .....2.95     **Chinese Prawn Crackers**..... 3.00

## starters

**Edamame** v ♥ .....3.90  
**Spicy Edamame** v ♥ .....4.00  
**Miso Soup** ♥ .....2.95  
**Grilled Gyoza** ♥ .....4.95  
Vegetable v or chicken dumplings  
**Sesame Prawn Toast**.....4.95

**Chicken Satay** .....4.95  
**Won Ton Soup**.....4.75  
**Salt and Pepper Prawns**.....5.10  
**Five Spiced Squid**.....5.45  
**Duck Spring Rolls**.....5.45  
**Vegetable Spring Rolls** v .....4.80

## handmade steamed dim sum

Each basket.....3.60

<b>Fish</b> ♥	<b>Meat</b> ♥
Prawn	Chicken, wasabi and mushroom
Spicy prawn	Chicken and Asian greens
Prawn and chive	Chicken, cashew nuts and coriander
Prawn, crushed peanut and coriander	Spicy chicken
Scallop and prawn	Beef and chive
Spicy cod	Spicy beef
<b>Vegetable</b> ♥	Minced pork and prawn
Mixed vegetables v	<b>Buns</b> .....3.85
Spicy vegetables v	Roasted pork
Spinach v	<b>Gourmet dim sum</b>
Mushroom v	Please ask for today's special

## noodle bar

**Healthy** ♥ .....7.95  
Egg noodles\* with red onions, green beans, carrot, cashew nuts, broccoli, bean sprouts and red peppers  
*Chicken* • *Steak*\*\* • *Prawn* • *Salmon*\*\* • *Tofu* v

**Superfood Stir-Fry** ♥ .....7.95  
The healthy no carb option with butternut squash, carrot, Chinese leaf, sugar snaps, pak choi, courgettes, spinach and cashew nuts in a light teriyaki sauce  
*Chicken* • *Steak*\*\* • *Salmon*\*\* • *Prawn* • *Tofu* v

**Yaki Soba** ♥ .....7.95  
Buckwheat soba noodles with shitake mushrooms, Chinese leaf, carrots and red onions in a soy, mirin and sake sauce topped with nori and pickled ginger  
*Chicken* • *Steak*\*\* • *Prawn* • *Tofu* v

**Teriyaki**..... 7.95  
Udon noodles\* with oyster mushrooms, pak choi, red peppers, spinach and sugar snaps in a teriyaki sauce  
*Chicken* • *Steak*\*\* • *Salmon*\*\* • *Tofu* v

**Phad Thai**.....8.65  
Rice noodles, sweet tamarind sauce with crushed peanuts, egg and bean sprouts  
*Chicken* • *Prawn* • *Tofu*

**Chow Mein**..... 8.95  
Egg noodles\* with green beans, bean sprouts, peppers, onions and carrot in a hoisin sauce  
*Chicken* • *Duck*

**Curried Udon Noodles**..... 7.95  
Udon noodles\* with bean sprouts, green beans, peppers, red onion and carrot in a spicy red curry sauce  
*Chicken* • *Steak*\*\* • *Prawn* • *Tofu*

**Singapore Fried Noodle**.....8.75  
Chicken and shrimp spicy noodle stir-fry with vegetables and egg

**Sweet Coconut** ..... 7.95  
Japanese rice noodles\* with lemon grass, roasted coconut, peppers, carrots, bean sprouts, red onions and green beans in a spicy Thai sauce  
*Chicken* • *Prawn* • *Tofu* v

**Japanese Fried Rice** ..... 7.95  
Wok fried egg rice with pak choi, sugar snaps, spinach, oyster mushrooms, bean sprouts, red peppers and teriyaki sauce  
*Chicken* • *Steak*\*\* • *Prawn* • *Tofu* v

**Special Szechuan Rice** ..... 7.95  
Wok fried egg rice with cherry tomatoes, pineapple, carrots, bean sprouts, green beans, coriander, red peppers and red onions in a spicy tom yum sauce  
*Chicken* • *Prawn* • *Salmon*\*\* • *Tofu*

## specialities we recommend a side order of rice, coconut rice or stir fried noodles with these dishes

**Steamed Salmon with miso** ♥ ...8.95  
Steamed salmon fillet marinated in a miso sauce served with a side of Chinese coleslaw

**Thai Red Curry** ..... 8.75  
Medium curry with aubergine, green beans and tomato  
*Chicken* • *Duck* • *Prawn*

**Thai Fish** ..... 8.95  
Crispy cod with pak choi and a sweet chilli sauce

**Chicken Katsu Curry** .....8.10  
Chicken breast in honey bread crumbs served with a mild curry sauce

**Hong Kong Sweet and Sour Chicken** ..... 7.95  
With pineapple, red and green peppers

**Kung Pao**..... 7.95  
Chillies, ginger, garlic and peanuts with sweet peppers and onions in a hot sweet sauce  
*Chicken* • *Prawn*

## soup noodle

**Gyoza Noodle Soup**♥ .....7.95  
Egg noodles with beansprouts, chilli, carrot, spinach, fresh mint and coriander in a vegetable broth.  
*Chicken* • *Vegetable* v

**Tom Yum** ..... 7.95  
Rice noodles\* with pak choi, red chillies, bean sprouts and green beans in a hot and sour lemon grass broth  
*Chicken* • *Prawn* • *Salmon*\*\*

## salads

**Bang Bang Chicken Salad**♥ .....8.65  
Grilled chicken pieces in a spicy peanut dressing on a bed of salad dressed with sesame and soy sauce

**Duck and Pomegranate Salad** ♥ 9.85  
Marinated shredded duck in a hoisin and honey dressing with pomegranate and vegetable salad

## sides

**Cucumber & ginger salad** v ♥ ....2.50  
**Crunchy vegetable salad** v ♥ .... 2.95  
**Chinese coleslaw** ♥ .....2.20  
**Pak Choi with oyster sauce**.....3.85  
**Broccoli stir-fry** v .....3.25  
**Mixed Chinese vegetables** v ....3.65

♥ well being

\*we offer either egg, udon, buckwheat soba noodles or Japanese rice noodles or no carb (extra vegetables) as an alternative

\*\* additional 95p supplement for Steak or Salmon

**Crispy Duck** ..... 9.95  
Cucumber, spring onion and hoisin sauce, with pancakes

**Fire Cracker Prawns**.....8.10  
Tiger prawns with chillies, ginger, garlic, sugar snaps, peppers and cashew nuts in a sweet spicy sauce

**Shanghai Lemon Chicken** ..... 7.95  
Chicken breast in honey bread crumbs with a zesty lemon sauce

**Thai Green Curry** ..... 8.50  
Spicy curry with Thai aubergines and mixed peppers  
*Chicken* • *Prawn*

**Crispy Shredded Beef**.....8.55  
Crispy beef in a sweet spicy sauce

**Malaysian Butternut Squash Curry** v .....7.10  
Butternut squash, green beans and Thai aubergines in a creamy Malaysian curry sauce

**Won Ton Mee** ..... 8.25  
Egg noodles\* with pork and prawn wontons, pak choi and shitake mushrooms in a broth

**Seafood Laksa** ..... 8.95  
Vermicelli noodles with prawns, squid, pak choi and beansprouts in a medium hot coconut curry flavoured broth

*We offer half portions of all soups*

**Ban Lee Superfood Salad** v ♥ ...7.95  
Avocado, butternut squash, courgettes, peppers, sugar snaps, broccoli and cashew nuts in a tangy mustard dressing

**Japanese Glazed Chicken Salad** ♥ .....8.25  
Hot marinated chicken pieces in a honey and ginger dressing on a bed of crispy salad dressed with sesame and soy sauce

**Brown rice** v ♥ ..... 2.75  
**Steamed rice** v ♥ .....2.35  
**Coconut rice** v ♥ ..... 2.85  
**Egg fried rice** ..... 2.85  
**Stir-fried egg noodles** ..... 2.75

## white wines

glass bottle  
**Trebbiano, Italy** ..... 3.95 13.95  
**Pinot Grigio, Via Nova, Italy** - Dry, medium bodied modern classic 4.85 17.25  
**Gewurztraminer, San Vicente, Chile** - Aromatic and extremely fruity..... 16.35  
**Chardonnay, De Gras, Chile** - Full bodied, soft and fruity ..... 16.50  
**Sauvignon Blanc, La Paz, Chile** - Dry, medium bodied and elegant ..... 18.50

## red wines

glass bottle  
**Sangiovese, Italy**.....3.95 13.95  
**Merlot, La Paz, Chile** - Medium bodied and silky smooth.....4.35 15.70  
**Cabernet Sauvignon, Le Vigne, Italy** - Elegant and full bodied.....16.50  
**Shiraz, Tooma River, Australia** - Full bodied and well balanced.....18.95

## rosé

glass bottle  
**Rosato Veronese IGT, Veritiere, Italy** - Light fruity and subtle rosé 4.25 15.95  
**Pinot Grigio Blush, Via Nova, Italy** - Soft, fruity and medium bodied 4.65 16.50

## champagne

glass bottle  
**Champagne** ..... 30.00  
**Prosecco, Stella d'Italia** .....4.95 19.95

## cocktails

**Mango & Coconut** - Bacardi Rum, Cream of Coconut, Lime & Mango.....5.75  
**Lychee & Lemongrass** - Vodka, Lychee Liqueur, Lemongrass, Lychee & Lime...5.75  
**Mandarin Mojito** - Bacardi, Mandarin Liqueur, Lime, Mint & Orange Juice.....6.25  
**Raspberry & Ginger** - Vodka, Raspberry Liqueur, Ginger & Orange Juice.....5.75  
**Cosmopolitan** - Vodka, Cointreau & Cranberry Juice.....5.75

## teas

**Green tea**  
**Jasmine Flower** ..... 2.50  
glass of flowering scented tea  
**Jasmine**..... 2.30  
delicate and smooth and scented  
**Organic Gun Powder** .....2.50  
slightly roasted with a mild smokey flavour

**white tea**  
**Organic Peony** ..... 2.95  
a delicate, sweet, mellow taste

**oolong tea**  
**Tie Kuan Yiu** ..... 2.95  
fragrant flavour of fruit

**other teas**  
**Fresh Ginger** served with honey ...2.35  
**Fresh Mint** .....1.95  
**Fresh Lemongrass**.....2.35  
served with honey  
**English Breakfast**.....1.95

**Iced tea**  
**Lychee**.....2.75  
**Mint**..... 2.75

wine served in 125ml and 175ml / spirits served in 25ml

We do not accept cheques. We cannot guarantee our dishes are nut free. Service charge not included except for tables of 7 or more when an optional 10% will be added to your bill.

## beer/sake /spirits

**Tiger 640ml**.....6.50  
**Tiger 330ml**.....3.55  
**Asahi 330ml**.....3.85  
**Hot Sake** .....1/4 bottle 6.75  
**Spirits & Mixers** ..... 3.25

## soft drinks

**Sparkling Mineral Water 50cl** 2.25  
**Still Mineral Water 50cl** ..... 2.25  
**Coca Cola** ..... 2.25  
**Diet Coke** ..... 2.25  
**Lemonade** ..... 1.95

## juices

**Apple** ..... 2.50  
**Orange** ..... 2.50  
**Mango** ..... 2.50  
**Lychee** .....2.50  
**Cranberry**.....2.50

## fruit lemonades

**Fresh Mint Lemonade** .....2.85  
**Fresh Ginger Lemonade**.....2.25  
**Lychee Lemonade** .....2.65  
**Raspberry Lemonade** ..... 2.65  
**Passion Fruit Lemonade**..... 2.65